

Dates:						
Grades:						

CRITERIA	4 Exceeds the standard	3 Meets the standard	2 Almost meets the standard	1/0 Rarely/does not meet the standard
Basic skills specific to games/sports/fitness activities	Consistently shows competency in many movement forms specific to the sport/activity 1.1.2 4, 3., 2. 1.	Shows competency in many movement forms specific to the sport/activity 1.1.2 4, 3., 2. 1.	Sometimes show competency in some movement forms specific to the sport/activity 1.1.2 4, 3., 2. 1.	Rarely/does not show competency in some movement forms specific to the sport/activity 1.1.2 4, 3., 2. 1.
	Consistently demonstrates proficiency (e.g., basic skills) in an increasing number of more complex versions of movement forms (e.g., individual, team, and recreational activities. 1.2.2	Demonstrates proficiency (e.g., basic skills) in an increasing number of more complex versions of movement forms (e.g., individual, team, and recreational activities. 1.2.2	Sometimes demonstrate proficiency (e.g., basic skills) in a number of more complex versions of movement forms (e.g., individual, team, and recreational activities. 1.2.2	Rarely/does not demonstrate proficiency (e.g., basic skills) in a number of more complex versions of movement forms (e.g., individual, team, and recreational activities. 1.2.2
Movements concepts	Consistently applies skills, strategies and rules to specific activity/sport 2.1.3, e.g. <ul style="list-style-type: none"> Skills, e.g. badminton, pickleball, tennis (forehand, backhand, serving) Strategies: offensive, defensive, positioning, serving Rules: objective of the game/scoring 	Applies skills, strategies and rules to specific activity/sport 2.1.3, e.g. <ul style="list-style-type: none"> Skills, e.g. badminton, pickleball, tennis (forehand, backhand, serving) Strategies: offensive, defensive, positioning, serving Rules: objective of the game/scoring 	Sometimes apply skills, strategies and rules to specific activity/sport 2.1.3, e.g. <ul style="list-style-type: none"> Skills, e.g. badminton, pickleball, tennis (forehand, backhand, serving) Strategies: offensive, defensive, positioning, serving Rules: objective of the game/scoring 	Rarely/does not apply skills, strategies and rules to specific activity/sport 2.1.3, e.g. <ul style="list-style-type: none"> Skills, e.g. badminton, pickleball, tennis (forehand, backhand, serving) Strategies: offensive, defensive, positioning, serving Rules: objective of the game/scoring
	Consistently applies critical elements/sport specific skills to enable the development of movement competence or proficiency. 2.2.1	Applies critical elements/sport specific skills to enable the development of movement competence or proficiency. 2.2.1	Sometimes apply critical elements/sport specific skills to enable the development of movement competence or proficiency. 2.2.1	Rarely/does not apply critical elements/sport specific skills to enable the development of movement competence or proficiency. 2.2.1
Fitness goals	Consistently participates in a wide range of activities and is able to connect how the activity is related to his/her fitness and health. 4.5.1	Participates in a wide range of activities and is able to connect how the activity is related to his/her fitness and health. 4.5.1	Sometimes participates in some range of activities and is able to connect how the activity is related to his/her fitness and health. 4.5.1	Rarely/does not participate in some range of activities and is able to connect how the activity is related to his/her fitness and health. 4.5.1
	Consistently engages in warm-up principles in daily physical activity. 4.5.4	Engages in warm-up principles in daily physical activity. 4.5.4	Sometimes engages in warm-up principles in daily physical activity. 4.5.4	Rarely/does not engage in warm-up principles in daily physical activity. 4.5.4
Responsible personal behavior	Consistently wears specific and appropriate clothing and protective equipment to participate in physical activity. 5.1.1	Wears specific and appropriate clothing and protective equipment to participate in physical activity. 5.1.1	Sometimes wears specific and appropriate clothing and protective equipment to participate in physical activity. 5.1.1	Rarely/does not wear specific and appropriate clothing and protective equipment to participate in physical activity. 5.1.1
	Consistently applies safety considerations/ proper use of attire, equipment, and rules for all physical education activities 5.1.2	Applies safety considerations/ proper use of attire, equipment, and rules for all physical education activities 5.1.2	Sometimes applies safety considerations/ proper use of attire, equipment, and rules for all physical education activities 5.1.2	Rarely/does not apply safety considerations/ proper use of attire, equipment, and rules for all physical education activities 5.1.2
Responsible social behavior	Consistently shows respect for others in positive and negative situations. 5.3.2	Shows respect for others in positive and negative situations. 5.3.2	Sometimes show respect for others in positive and negative situations. 5.3.2	Rarely/does not show respect for others in positive and negative situations. 5.3.2
	Consistently communicates effectively with others to promote respect and tolerance in cooperative and competitive activities. 5.3.1	Communicates effectively with others to promote respect and tolerance in cooperative and competitive activities. 5.3.1	Sometimes communicates effectively with others to promote respect and tolerance in cooperative and competitive activities. 5.3.1	Rarely/does not communicate effectively with others to promote respect and tolerance in cooperative and competitive activities. 5.3.1

STUDENT _____

Unit: _____

Dates:						
Grades:						

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